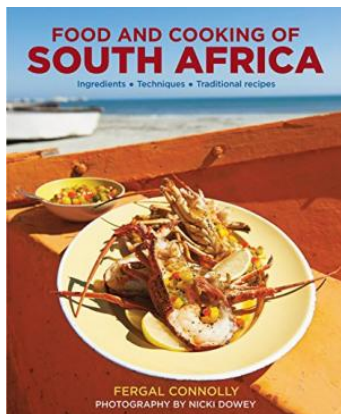


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FOOD AND COOKING OF SOUTH AFRICA: INGREDIENTS - TECHNIQUES - TRADITIONAL RECIPES



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