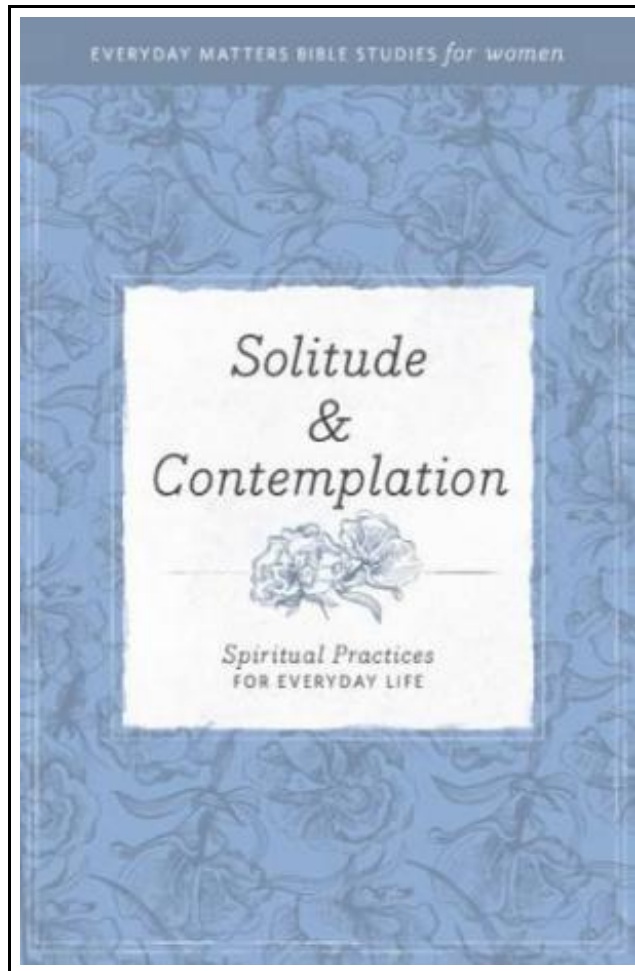


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SOLITUDE AND CONTEMPLATION: SPIRITUAL PRACTICES FOR EVERYDAY LIFE



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Hendrickson Publishers Inc. Paperback. Book Condition: new. BRAND NEW, Solitude and Contemplation: Spiritual Practices for Everyday Life, Hendrickson Publishers, While community is important, we all need solitary time with the Creator and Lover of our souls. Closely connected to the spiritual practice of silence, solitude is the discipline of removing ourselves from the noise of our usual lives so we-like Mary, who chose what was better-can sit quietly at the Lord's feet. It is a time to step aside from our everyday "realities" and focus instead on authentic life as God would have us live it-loving him and extending that love to our neighbor. Contemplation is an everyday lifestyle of truly seeking after God, despite our busy lives and the distractions that can hinder us from doing so. "Contemplation," writes Thomas Merton, "is the highest expression of man's intellectual and spiritual life. It is that life itself, fully awake, fully active, fully aware that it is alive. It is spiritual wonder." Through the spiritual practice of solitude and contemplation, may this Bible study help awaken your daily life into "spiritual wonder"! These books are an excellent resource for small groups, Bible studies, and Sunday school classes. Used individually or with a group these booklets will help women delve further into the Scriptures and meditate on various spiritual practices to help them live fully, every day. The purpose of this study guide series is to help you use spiritual practices to make your own life richer, fuller, and deeper. It can be used as a stand-alone Bible study guide for groups or individuals, or as a companion alongside the Everyday Matters Bible for Women. The twenty-four spiritual practices in this series are Acceptance, Bible Study & Meditation, Celebration, Community, Confession, Contemplation, Faith, Fasting, Forgiveness, Gratitude, Hospitality, Justice, Mentoring, Outreach, Prayer, Reconciliation,...



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