



200 Light Sugar-Free Recipes: Hamlyn All Colour Cookboo

By Joy Skipper

Octopus Publishing Group. Paperback. Book Condition: new. BRAND NEW, 200 Light Sugar-Free Recipes: Hamlyn All Colour Cookboo, Joy Skipper, Featuring stunning photographs and clear step-by step instructions, Hamlyn All Colour Cookbook: 200 Light Sugar-free Recipes is a great choice if you want to lower your sugar intake yet still enjoy the sweeter things in life. Recipes range from Scallops wrapped in Parma ham, Potato pizza margerita and Roast pork loin with creamy cabbage & leeks to Poppy seed & lemon cupcakes, Banana & buttermilk pancakes and Rosemary panna cottas - and each one is under 500 calories.



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